

The Family Psychologist

T: 01562 610011

E: support@thefamilypsychologist.co.uk

F: 01562 610016



Adult ASC Referral Form (WCC)

Patient Details

Name of Patient

Date of Birth

Gender

Email address

Telephone number (s)

NHS Number

Address

Does this person have a Learning Disability? Yes No

Does this person need Mental Health support? Yes No

Reason for Referral

Suspected Aspergers (AQ10 Verification Attached)

Support Required (Previously Diagnosed)

- Please complete the AQ10 with your patient: <http://docs.autismresearchcentre.com/tests/AQ10.pdf>

- Attach patient history and medical notes to support your referral

Reason for referral (including risk factors):

.....
.....
.....
.....

Referrer Information

GP Name: Surgery:

Signature: Date:

Please fax this form to **01562 610016**, email it to support@thefamilypsychologist.co.uk
Please ensure your patient has consented to the referral before transmitting this form to our Team.

AQ-10

Autism Spectrum Quotient (AQ)

A quick referral guide for adults with suspected autism who do not have a learning disability.

Please tick one option per question only:

| | | Definitely Agree | Slightly Agree | Slightly Disagree | Definitely Disagree |
|----|---|------------------|----------------|-------------------|---------------------|
| 1 | I often notice small sounds when others do not | | | | |
| 2 | I usually concentrate more on the whole picture, rather than the small details | | | | |
| 3 | I find it easy to do more than one thing at once | | | | |
| 4 | If there is an interruption, I can switch back to what I was doing very quickly | | | | |
| 5 | I find it easy to 'read between the lines' when someone is talking to me | | | | |
| 6 | I know how to tell if someone listening to me is getting bored | | | | |
| 7 | When I'm reading a story I find it difficult to work out the characters' intentions | | | | |
| 8 | I like to collect information about categories of things (e.g. types of car, types of bird, types of train, types of plant etc) | | | | |
| 9 | I find it easy to work out what someone is thinking or feeling just by looking at their face | | | | |
| 10 | I find it difficult to work out people's intentions | | | | |

SCORING: Only 1 point can be scored for each question. Score 1 point for *Definitely or Slightly Agree* on each of items 1, 7, 8, and 10. Score 1 point for *Definitely or Slightly Disagree* on each of items 2, 3, 4, 5, 6, and 9. If the individual scores **more than 6 out of 10**, consider referring them for a specialist diagnostic assessment.

This test is recommended in 'Autism: recognition, referral, diagnosis and management of adults on the autism spectrum' (NICE clinical guideline CG142). www.nice.org.uk/CG142

Key reference: Allison C, Auyeung B, and Baron-Cohen S, (2012) *Journal of the American Academy of Child and Adolescent Psychiatry* 51(2):202-12.